

Sample Menu

Day One

Arrival Snack 11am

Banana Bread w Homemade Jams

Lunch 12.30pm

Asparagus, Feta & Sun Blushed Tomato Frittata

w Horseradish Jersey Potato Salad

& Fresh Greens Salad

Lime Soaked Watermelon

Dinner 6.30pm

*Fresh Pesto Penne Pasta Bake w Carrot Sesame
Seed Salad & German Cucumber Salad*

Chocolate & Beetroot Cake w Berry Jus

Day Two

Breakfast 9am

*Chai Banana Porridge w Coconut Cream
& Ginger Poached Pears*

Toast & Cereals

Lunch 1pm

*Falafel bar – Hummus, Beetroot & Orange Dip,
Roast Carrot & Feta Dip, Vintage Cheddar,
Jalapeño Peppers, Lebanese Bread, Greek Salad.*

Fig & Berry Tiramisu

Saturday Dinner 6.30pm

*Eggplant Daal, Dry Pumpkin & Snowpea Curry,
Raita, & a Selection Chutney's*

w Brown Rice & Nam Bread

Orange and Almond Cake w Vanilla Yogurt

Day Three

Breakfast 9am

Shakshuka Eggs w Fresh Baked Bread

Toast and cereals

Lunch 12.30pm

*Homemade Rustic Tomato Soup w Ricotta,
Quinoa, Cucumber and Basil Infused Oil &
Garlic Baguettes*