

Menu

Friday Arrival Snack 3pm

Cheese Platter

Friday Supper 6.30pm

Roast Pumpkin, Sweet potato, Ginger & Carrot Soup w Quinoa/Brown Rice, Stir Fried Veggies, Yogurt, Fresh Herbs, Soy Roasted Sunflower Kernels.

Berry Tiramisu

Saturday Breakfast 8.30am

Chai Banana Porridge
w Yogurt & Stewed Berries
Toast, Preserves and cereals

Saturday Lunch 12.30pm

Falafel bar – Hummus, Beetroot & Orange
Dip, Carrot/Sweet Potato & Feta Dip,
Vintage Cheddar, Jalapeño peppers,
Lebanese Bread, Greek Salad.

Lime Soaked Melon

Saturday Dinner 6.30pm

Spring Vegetable Pesto Pasta Bake
w Cucumber Salad

Orange and Almond Cake
w Vanilla Yogurt

Sunday Breakfast 8.30am

Shakshuka Eggs w Fresh Baked Bread

Toast and cereals

Sunday Lunch 12.30pm

Wholefood Quinoa Salad

w Spicy Mango Dressing

Fresh Pineapple